

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-11 Zumba/metafit	1:15pm-2pm Zumba gold	Café 9am-12pm	4pm-6:15pm Taekwon-do		11:15am-1pm Jazzercise	
6:15pm-8:30pm Jazzercise	4pm-5pm Jnr Jazz	6:30pm-7:30pm Barre Fitness	7pm-8pm Zumba 2			
	6:30pm-8:30pm Jazzercise					