

K and M edible trails meeting

11th January 2018

Present: Laura Watson (Portlethen Primary), Louise Shankley (Macphie), Mary Finch/Tom Campbell (Brighter Bervie), Ken Watson (Portlethen Sports Hub), Ed Garrett (AVA)

Apologies: Helen Young (Ranger Service), Caspar Lampkin (Tangleha Artists), Therese Alampo (St Cyrus Nature Reserve), Nikki Lorimer (Healthy Living Network)

1. Updates

Inverbervie: Edible elements being added to existing sculpture trail. Working with primary school (some fruit trees already planted here), good relations with the health centre, and have developed close working with SAMH. They have been donated a polytunnel and the council has supplied plastic planters. Good links established with Macphie with a volunteering day planned. Looking for additional funding to establish link between the Voyage of Life garden and the school and also for watering equipment.

Portlethen: new area of school garden established along with the existing area. The pupil support assistant is looking at doing some information signs. Laura also able to look at digital information possibilities with links to the Academy though it was agreed to get the initial printed publicity sorted first. Good links made with the health centre through one GP, Healthy Living Network gardening group still working at the station.

St Cyrus: As no one from the St Cyrus group was able to come Ed gave a quick update as far as he could. A survey has been sent out with a good response rate to get feedback from the community on how they would like an edible trail to work in the area. The nature reserve have also been doing community consultation on their management

2. Volunteering support

Louise outlined how Macphie aimed to support local community projects with volunteer time, links with schools, small amounts of funding and baked goods donated for events. Links already established with the trails in Bervie and Portlethen.

Ed also said that he had been contacted by Rebecca Dunn from Generations Working Together, an organisation which supports intergenerational projects. They already have links with Brighter Bervie and offer training and networking opportunities. Brighter Bervie are hosting a networking event on 23rd May.

3. Publicity leaflet

Ed outlined the funding set aside by Carolyn Lamb from the health improvement fund for the production of information leaflets for the trails. This needs to be spent by the end of March. It was agreed to do something similar to the Huntly trail leaflet, a trifold with

information on some of the plants, a map and a key. It was agreed for the sake of consistency and shared branding to have the same headings/sections for each trail:

- Front page with logo, local photo and photos of edibles
- Map and key
- Description of path
- Some edibles you may find

Laura to do some work with primary schools to come up with a logo and link in with Louise on this.

It was agreed that the map in the Huntly leaflet was really clear. At design stage we need to check with OS on use of their maps.

Ed to contact RGU about a student helping with graphic design. Otherwise we could use a local graphic designer or the NHS.

Possible suggested text for logo: 'Food For Thought While You Walk'

All this needs to happen fairly quickly. By the next meeting on 19th February we would hope to be able to start putting the leaflets together so we'll need the logo, pictures for front cover, maps and other text for each version of the leaflet.

4. Learning

Ed said he intended to put together information for other groups looking to set up edible trails. Key learning so far has been the importance of building on what's already happening and making the right links in communities.

5. Date of next meeting

Monday 19th February 2018, 2pm, Inverbervie Kirk Centre. The plan is to explore the Bervie trail before discussing the leaflet.